

PEACE IN THE PARK



St. Columb's Park House
THE HEART IN THE PARK

**SOCIAL EVENTS
FOR RESIDENTS
AND PARK USERS**



CAFE




St. Columb's Park House
HEART IN THE PARK

**ULTIMATE
FRISBEE**



**MONTHLY
INCLUSIVE
CYCLE**



**WELCOME TO
ST.COLUMB'S
PARK**



PARKOUR



**NORTHERN IRELAND'S
FIRST DISC GOLF
COURSE**



PEACE IN THE PARK

PEACE IN THE PARK is a programme co-ordinated by St Columbs Park House, designed for ALL park users, young, old, families and groups. No matter how you use the Park this programme has something for you.

NORTHERN IRELAND'S FIRST DISC GOLF COURSE will launch on 14th October and we invite individuals, families and groups to come along and give it a go! Contact us for opening times and info on booking!

GET OUT - GET ACTIVE supported by St Columbs Park House launch our Family Cycle for all ages and abilities. This cycle is fully inclusive for disabled and non-disabled people with availability of inclusive bikes and fully qualified instructors. Cycle with us on the last Saturday of each month. For more info or to pre-register please contact Kieran Coyle from Get Out – Get Active on 07799038327.

Exciting times ahead as **ULTIMATE FRISBEE AND PARKOUR** will be available in the Park! If are part of a group we can organise this activity around you!

Join our Friends of the Park group for **SOCIAL GATHERINGS** and **HERITAGE EVENTS!**

TO FIND OUT MORE... about anything on offer contact Eliza or Colleen

Visit us:
St Columbs Park House

Call us:
028 7134 3080

Email:
colleen@stcolumbsparkhouse.org
eliza@stcolumbsparkhouse.org



St. Columb's Park House
THE HEART IN THE PARK

 The
Executive Office

**LIVE
ACTIVE**
NI MORE ACTIVE
MORE OFTEN